



NUTRITIONAL VALUES

LANKYBOX PIZZA

	CALS (KCAL)	FAT (G)	SATFAT (G)	TRANSFAT (G)	CHOL (MG)	SOD (MG)	CARB (G)	TOTFIB (G)	SUGAR (G)	PROT (G)
Cheese Pizza	530	20	10	0	30	1250	67	6	5	24
Pepperoni Pizza	630	29	13	0	50	1620	67	6	5	28
Veggie Pizza	550	20	10	0	30	1260	71	7	8	25

FOXY CHICKEN WINGS BONE-IN

BBQ, Regular	850	45	12	0	305	2910	46	0	26	61
BBQ, Large	1700	89	24	0	605	5810	92	0	52	121
Buffalo, Regular	770	49	12	0	305	4030	20	0	0	61
Buffalo, Large	1540	97	24	0	605	8050	40	0	0	121
Sweet Chili, Regular	850	45	12	0	305	2740	46	0	27	61
Sweet Chili, Large	1700	89	24	0	605	5490	92	0	54	121
Lemon Pepper, Regular	730	45	12	0	305	3420	16	0	0	61
Lemon Pepper, Large	1460	89	24	0	605	6840	32	0	0	121
Hot Honey, Regular	890	45	12	0	305	2680	57	0	33	61
Hot Honey, Large	1780	89	24	0	605	5350	114	0	65	121
Spicy Korean BBQ, Regular	840	46	12	0	305	3150	38	0	19	61
Spicy Korean BBQ, Large	1680	92	24	0	605	6310	76	0	38	121
Plain, Regular	730	45	12	0	305	2150	16	0	0	61
Plain, Large	1460	89	24	0	605	4290	32	0	0	121

FOXY CHICKEN WINGS BONELESS

BBQ, Regular	580	18	2.5	0	90	2160	71	1	27	38
BBQ, Large	1160	36	5	0	180	4320	142	2	54	76
Buffalo, Regular	500	22	2.5	0	90	3280	45	1	1	38
Buffalo, Large	1000	44	5	0	180	6560	90	2	2	76
Sweet Chili, Regular	580	18	2.5	0	90	2000	71	1	28	38
Sweet Chili, Large	1160	36	5	0	180	4000	141	2	56	76
Lemon Pepper, Regular	460	18	2.5	0	90	2680	41	1	1	38
Lemon Pepper, Large	920	36	5	0	180	5350	82	2	2	76
Hot Honey, Regular	620	18	2.5	0	90	1930	82	1	34	38
Hot Honey, Large	1240	36	5	0	180	3860	163	2	67	76
Spicy Korean BBQ, Regular	570	19	2.5	0	90	2410	63	1	20	38
Spicy Korean BBQ, Large	1140	39	5	0	180	4820	126	2	40	76
Plain, Regular	460	18	2.5	0	90	1400	41	1	1	38
Plain, Large	920	36	5	0	180	2800	82	2	2	76

BOXY MAC-N-CHEESE

Classic Mac	670	36	16	0	70	1750	57	3	6	8
Buffalo Mac	900	51	19	0	115	3500	68	4	6	34
Pizza Mac	680	41	19	0	80	1730	48	5	8	17

SALADS

Garden Salad	60	0	0	0	0	40	14	4	7	3
Club Salad	160	10	2	0	15	400	15	4	8	6
Italian Salad	270	22	7	0	20	720	11	3	6	8
Lite Ranch Dressing	70	7	1	0	5	260	2	0	1	1
Italian Dressing	110	11	2	0	0	260	2	0	2	0
Thousand Island Dressing	100	8	1.5	0	10	200	8	0	4	0
Blue Cheese Dressing	180	19	3.5	0	15	170	1	0	1	1

FOXY FRIES

Fries	490	20	5	0	5	3300	69	5	10	6
BBQ Bacon Fries	740	36	16	0	80	1670	79	6	20	24
Cheeseburger Fries	820	46	22	0.5	105	2000	71	6	10	29
Spicy BBQ Pepperoni Fries	750	39	17	0	75	2590	75	5	15	22

DESSERT

Foxy Churros	540	15	2	0	0	600	88	2	30	10
Rocky's Brownie Cookie	730	37	15	0	125	430	112	0	70	11

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ALLERGENS

LANKYBOX PIZZA

Cheese Pizza

Pepperoni Pizza

Veggie Pizza

FOXY CHICKEN WINGS BONE-IN

BBQ, Regular

BBQ, Large

Buffalo, Regular

Buffalo, Large

Sweet Chili, Regular

Sweet Chili, Large

Lemon Pepper, Regular

Lemon Pepper, Large

Hot Honey, Regular

Hot Honey, Large

Spicy Korean BBQ, Regular

Spicy Korean BBQ, Large

Plain, Regular

Plain, Large

FOXY CHICKEN WINGS BONELESS

BBQ, Regular

BBQ, Large

Buffalo, Regular

Buffalo, Large

Sweet Chili, Regular

Sweet Chili, Large

Lemon Pepper, Regular

Lemon Pepper, Large

Hot Honey, Regular

Hot Honey, Large

Spicy Korean BBQ, Regular

Spicy Korean BBQ, Large

Plain, Regular

Plain, Large

BOXY MAC-N-CHEESE

Classic Mac

Buffalo Mac

Pizza Mac

SALADS

Garden Salad

Club Salad

Italian Salad

Lite Ranch Dressing

Italian Dressing

Thousand Island Dressing

Blue Cheese Dressing

FOXY FRIES

Fries

BBQ Bacon Fries

Cheeseburger Fries

Spicy BBQ Pepperoni Fries

DESSERT

Foxy Churros

Rocky's Brownie Cookie

	EGG	FISH	MILK	PEANUT	SESAME SEED	SHELL FISH	SOY	TREE NUTS	WHEAT
Cheese Pizza
Pepperoni Pizza
Veggie Pizza
BBQ, Regular									
BBQ, Large									
Buffalo, Regular			.				.		
Buffalo, Large			.				.		
Sweet Chili, Regular							.		.
Sweet Chili, Large							.		.
Lemon Pepper, Regular									
Lemon Pepper, Large									
Hot Honey, Regular							.		.
Hot Honey, Large							.		.
Spicy Korean BBQ, Regular					.		.		.
Spicy Korean BBQ, Large					.		.		.
Plain, Regular									
Plain, Large									
BBQ, Regular	.						.		.
BBQ, Large	.						.		.
Buffalo, Regular
Buffalo, Large
Sweet Chili, Regular	.						.		.
Sweet Chili, Large	.						.		.
Lemon Pepper, Regular	.						.		.
Lemon Pepper, Large	.						.		.
Hot Honey, Regular	.						.		.
Hot Honey, Large	.						.		.
Spicy Korean BBQ, Regular
Spicy Korean BBQ, Large
Plain, Regular	.						.		.
Plain, Large	.						.		.
Classic Mac	.		.						.
Buffalo Mac
Pizza Mac	.		.						.
Garden Salad									
Club Salad	.		.						
Italian Salad			.				.		
Lite Ranch Dressing	.		.						
Italian Dressing									
Thousand Island Dressing	.								
Blue Cheese Dressing	.		.						
Fries	.		.						
BBQ Bacon Fries			.						
Cheeseburger Fries			.						
Spicy BBQ Pepperoni Fries		
Foxy Churros
Rocky's Brownie Cookie

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